



# ROAD TO WELLNESS

## HEALTH FAIR FOR THE AFRICAN COMMUNITY

Sponsored by CWAA and Brought to you by  
An 'Ad Hoc Coalition' of African Organizations & Partners

### INTERPRETATION AVAILABLE

For major African languages spoken in King County

## Free Health Screening & Information Day

Saturday, June 28, 2008; 11:00 AM to 5:00 PM

Where: Van Asselt Community Center  
2820 South Myrtle St., Seattle, WA 98108

### FREE Health Screenings:

- Cancer –Cervical exams & Mammograms will begin at 10:00 AM  
NOTE! Mammograms: only for women 40+ years.  
Call 206-436-8666 for 'free mammogram' eligibility
- Cholesterol
- Dental
- Blood glucose
- Blood pressure
- HIV and other STDs
- .... And more!

### FREE Information on:

- Low cost/free health insurance **NEW GUIDELINES!**
- Navigating the health care system & eligibility
- Disease awareness, prevention & management
- Neighborhood clinics near you
- Free Senior services ... and more

The event is Open to the Public!

FREE bike helmets for children

FREE lunch & entertainment

Advocate for your health!  
You are your own best advocate!

### Language specific contacts

Amharic – 206-461-6912 ext 216  
 Arabic – 206-251-2549  
 Kirundi – 206-291-8835  
 Oromiffa – healthfair@cwaaUSA.org  
 Rwandese – 206-291-8835  
 Somali: 206-380-8826  
 Swahili: 206-461-6912 ext 206  
 Tigrigna – 206-291-3949



### Coalition Organizations

- ARGAS-Guinean Community
- Black Leadership Council
- Cameroonian Association of Washington State
- Center for MultiCultural Health
- Center for Well-being of Africans in America (CWAA)
- East African Arts and Cultural Association
- East African Community Services
- EDITS - Ethio Digital & IT Services
- Eritrean Community of Seattle and Vicinity
- Ethio Youth Media TV
- Friends of Hidmo
- Hearts of Angels for Health-Sudan Initiative
- Kenyan Community International Church
- Somali Banadir Cultural and Education Center
- TanzaSeattle – Tanzanian Community in Seattle

**THIS IS AN ALL FAMILY  
COMMUNITY EVENT  
COME MEET YOUR  
BROTHERS AND SISTERS  
STAY FOR THE HEALTH  
INFORMATION AND  
ENTERTAINMENT**

### Participating Vendors

As of June 9, 2008

- American Lung Association of Washington
- King County Public Health
  - Children's Health Initiative
  - TB Control Program
  - Oral Health
  - Access to Health Care
- King County Coalition Against Domestic Violence
- Center for Multi-Cultural Health
- New Beginnings
- Neighborhood House, Project HANDLE
- Country Doctor Community Health Centers
- King County Community Health Centers
- Puget Sound Neighborhood Health Centers
- YWCA Women's Health Outreach
- Harborview Medical Center
  - Stroke Center
  - International Medicine Clinic
- Crisis line & 2-1-1 Community Information Line
- BABES Network
- Senior Services
- Children's Hospital Medical Center
- Washington Breast & Cervical Health Program
- WithinReach
- AARTH

Questions? (206) 925-4800 or [healthfair@cwaaUSA.org](mailto:healthfair@cwaaUSA.org) • Website: [www.cwaaUSA.org/healthfair.html](http://www.cwaaUSA.org/healthfair.html)

*This health fair would not be possible without the support of our co-sponsors:*



King County GroupHealth



African Americans  
Reach and  
Teach Health  
(AARTH) Ministry