



# ROAD TO WELLNESS

## HEALTH FAIR FOR THE AFRICAN COMMUNITY

Imefadhiliwa na CWAA na kutayarishwa na Kamati ya Dharura ya Vyama vya Kiafrika na Watetezi

### WAKALIMANI WATAKUWEPO

Kwa lugha maarufu za Kiafrika hapa King County

## Free Health Screening & Information Day

Jumamosi, Juni 28, 2008; Saa tano asubuhi hadi kumi na moja

**Wapi:** Van Asselt Community Center

2820 South Myrtle Street, Seattle, WA 98108

### Huduma za Bure za Uchunguzi wa Afya:

- Kansa –Upimaji wa shingo la uzazi na mammogram anzia saa nne asubuhi. **NOTE!** Mammograms: ni kwa wanawake wenye miaka 40 na zaidi tu Piga 206-436-8666 kwa maelezo ya ushiriki wa Mammogram
- Cholesterol
- Afya ya meno
- Kiwango cha sukari kwenye damu
- Kipimo cha msukumo wa damu
- HIV na magonjwa mengine ya zinaa
- .... Na vipimo vinginevyo!

### Maelezo Bure Kuhusu:

- Bima ya afya ya gharama nafuu au bure MWONGOZO MPYA!
- Upatikanaji wa huduma za afya na vigezo vinavyotakiwa
- Fahamu kuhusu uzuiaji na matibabu ya magonjwa
- Kliniki iliyo jirani na wewe
- Huduma za bure kwa wazee ... na zaidi



**The event is Open to the Public!**

**Kofia bure za baiskeli kwa watoto**  
**Chakula na viburudisho vya bure**

Jitetea kiafya!

Wewe pekee ndio mwakilishi wako  
mkubwa!

### Maelezo zaidi kwa lugha yako

Amharic – 206-461-6912 ext 216  
 Arabic – 206-251-2549  
 Kirundi – 206-291-8835  
 Oromiffa – healthfair@cwaaUSA.org  
 Rwandese – 206-291-8835  
 Somali: 206-380-8826  
**Swahili: 206-461-6912 `ext 206**  
 Tigrigna – 206-291-3949

### Wanakamati ya Dharura

- ARGAS-Guinean Community
- Black Leadership Council
- Cameroonain Association of Washington State
- Center for MultiCultural Health
- Center for Well-being of Africans in America (CWAA)
- East African Arts and Cultural Association
- East African Community Services
- EDITS - Ethio Digital & IT Services
- Eritrean Community of Seattle and Vicinity
- Ethio Youth Media TV
- Friends of Hidmo
- Hearts of Angels for Health-Sudan Initiative
- Kenyan Community International Church
- Somali Banadir Cultural and Education Center
- TanzaSeattle – Tanzanian Community in Seattle

**HII NI SIKU YA JAMII NA JUMUIYA**

**NJOONI MKUTANE NA KAKA NA DADA ZENU**

**KAENI KWA VIPIMO, MAELEZO YA AFYA NA VITUMBUIZO KADHAA**

### Watoa Huduma

As of June 9, 2008

- American Lung Association of Washington
- King County Public Health
  - Children's Health Initiative
  - TB Control Program
  - Oral Health
  - Access to Health Care
- King County Coalition Against Domestic Violence
- Center for Multi-Cultural Health
- New Beginnings
- Neighborhood House, Project HANDLE
- Country Doctor Community Health Centers
- King County Community Health Centers
- Puget Sound Neighborhood Health Centers
- YWCA Women's Health Outreach
- Harborview Medical Center
  - Stroke Center
  - International Medicine Clinic
- Crisis line & 2-1-1 Community Information Line
- BABES Network
- Senior Services
- Children's Hospital Medical Center
- Washington Breast & Cervical Health Program
- WithinReach
- AARTH

Questions? (206) 925-4800 or [healthfair@cwaaUSA.org](mailto:healthfair@cwaaUSA.org) • Website: [www.cwaaUSA.org/healthfair.html](http://www.cwaaUSA.org/healthfair.html)

*This health fair would not be possible without the support of our co-sponsors:*



King County



GroupHealth



American Red Cross  
Serving King & Kitsap Counties



African Americans  
Reach and  
Teach Health (AARTH)  
Ministry